

Oregon National Guard
Youth Challenge Program
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Wellness and Nutrition Policy #225
Outcomes Report – Class 59
August 17, 2020

The assessment results for Class 59 follow below. Some of the outcome goals were met but others were not met due to school closures for COVID-19. There are no changes in these objectives planned for Class 61.

1. *All cadets shall participate in the approved nutrition curriculum and shall pass classroom work and testing at 80% or greater.*
 - All 150 Cadets participated in and passed the required classroom work with a “Pass” as outlined by ODE grading standards due to COVID-19.
2. *The cadets shall participate in a body fat testing/reduction model. The model shall compare body fat at the “in-processing” date and the exit date at or prior to graduation.*
 - OYCP was able to perform initial body fat testing however due to school closures due to COVID OYCP was not able to perform exit body fat testing.
3. *Cadets shall participate in a monthly weight monitoring system that evaluates their weight gain/loss/physical development.*
 - The initial weigh-in results were posted on the bulletin boards in each platoon bay for all 150 Cadets.
4. *Cadets shall show progress on the mandatory Challenge Fitness Test Standards as measured between intake and graduation. This shall consist of a point system measuring progress from beginning to end.*
 - The fitness tests include the one-mile run, sit-ups, and push-ups. OYCP was only able to conduct the initial assessment in February due to school closures for COVID-19 in March.
5. *95% of the cadet corps shall pass food service curriculum and pass/earn the State of Oregon Food Handlers card.*
 - All 150 Cadets passed the required food service curriculum and earned the State of Oregon Food Handlers card in February.

The program mission is to provide opportunities for personal growth, self improvement and academic achievement among Oregon high school drop outs, teens no longer attending and those failing in school, through a highly structured non-traditional environment; integrating training, mentoring and diverse educational activities.